

Windaan provides Aboriginal children and their families access to primary health, allied health, early intervention and disability services that meet their individual needs, in a culturally-appropriate way.

We focus on a strengths-based approach to relationships and are dedicated to working with community to achieve positive outcomes for people, carers and families. As a Registered NDIS Provider, we offer services that are:

- based on strong partnerships
- culturally safe
- empowering, and
- flexible



## Let's yarn and see how we can help.

Servicing our mob on the Mid-North Coast or access our telehealth services from anywhere in Australia.



**Empowering our mob**  
NDIS services and supports

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**f** WindaanAboriginalServices



Windaan is an initiative of Growing Potential Ltd.  
NDIS services are provided under Growing Potential Ltd. registration  
and in partnership with Growing Early Minds.

WIN015 (7/19)



Our Allied Health and  
Telehealth Services empower  
you to reach your full potential



## Allied Health

Windaan provides early intervention services for children aged 0-16 years with our experienced Allied Health team, including:

- **Speech-language pathology** – to support the development of good communication and diagnose and treat any difficulties with speech, language, reading and writing
- **Occupational therapy** – promoting your child's wellbeing by enabling them to participate in everyday activities such as school and community life
- **Dietetics and nutrition** – providing support and information about healthy eating to improve wellbeing and manage conditions such as diabetes, overweight, and food intolerances
- **Psychology** – to help children cope with stresses like divorce and family/school transition, developmental issues, learning disabilities and mental illness
- **Behaviour support** – to look at the underlying causes of concerning or challenging behaviours and provide strategies to help manage them

## How it works

First, you'll meet with our Aboriginal Allied Health Assistant. They will become your key worker and yarn about your concerns and what options could work for your child.

Next, we will connect you with our allied health therapists, who are all qualified and experienced in working with children with developmental delay or disability.

Our Aboriginal Allied Health Assistant then works in partnership with you to maintain connection and develop a tailored approach for your child from initial screening appointment to ongoing strategies and goals.

Our therapists are all part of the Growing Early Minds team and all children/families will receive a supported service through a combination of Telehealth and face to face delivery.

## Telehealth

Telehealth involves using technology – like video conferencing, video sharing, instant messaging and email – to allow long distance contact between a person and their health provider. Telehealth sessions are like other health care appointments, except they are virtual.

Windaan uses telehealth to give Aboriginal communities access to a wide range of primary health and therapy-based services.

By using telehealth, Windaan can bring health services to the community, rather than expecting the community to come to us. This ensures Aboriginal children and families that reside in remote, regional or interstate locations have access to a range of quality services not otherwise available.

All families can access telehealth services, whether they live 5km or 500km from our office. They are delivered by secure and private technology. Your session won't be recorded or shared with anyone who isn't present without your consent.



Let's yarn about getting started,  
or for more information visit our  
website [windaan.org.au](http://windaan.org.au)